



Beyond the Diagnosis The Psychological Experience of Living with Rare and Autoimmune Conditions



November 4, 2026



PM - 08:30 PM 06:00



LT 1-44, Floor 1, Gate 1, College of Medicine
Al-Abdul Razzaq Hall

AGENDA

18:00 – 18:30

Registration/Opening Remarks

Dr. Hind Alsharhan

18:30 – 20:00

- Understanding the Person Beyond the Diagnosis
- Living in an Unpredictable Body
- Mind-Body Interaction
- Communication & Feeling Understood
- Identity, Agency & Quality of Life
- The Role of Psychological & Multidisciplinary Support

Mr. Mohammed Muhanna

20:00 – 20:30

Q&A / Closing Remarks

Dr. Hind Alsharhan

